


MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>3</p> <p>8:00 Fellowship & Coffee 9:00 CANASTA 9:30 Spiritual Enrichment 10:30 Shopping at the "New"  & Lunch at Super Chix 11:00 DRUM FIT 12:00 MONDAY BINGO!!!</p>	<p>4</p> <p>9:00 Mexican Train Dominoes 9:00 Massages by Kristi 9:00 Silver Sneakers 9:45 Spiritual Awakening 11:00 Red Hat Outing 11:00 Nail Painting 11:45 Sr. Planet Workshop Getting to know G-Mail Limit: 8</p>	<p>5</p> <p>9:00 Mexican Train Dominoes 9:00 Chick-Fil-A Bingo 10:00 VIRTUAL  10:30 Heart Healthy Minute 10:30 Feb. Birthday Celeb. 11:00 LUNCH 12:00 Creative Dance</p>	<p>6</p> <p>8:00 Fellowship & Coffee 9:00 CANASTA 9:00  BLOOD PRESSURE by Hall County Health Dept. 10:00 Valentine Beading Craft 11:00 DRUM FIT 12:00 Thursday Bingo</p>	<p>7</p> <p>8:00 Fellowship & Coffee 9:45 Fit Friday Exercise 10:30 Bingo by Affinis Hospice 12:00 Super Bowl Friday!!! *Wear Your Favorite Football Team Shirt</p>
<p>10</p> <p>8:00 Fellowship & Coffee 9:00 CANASTA 9:30 "PALMER STREET STORY" AT THE HARPER-SMITH HOUSE 10:30 Drum Fit 11:15 Monday Bingo 12:00 Presentation by: Prime Care Home Care</p>	<p>11</p> <p>8:00 Fellowship & Coffee 9:00 Mexican Train Dominoes 9:30 Spiritual Awakening 10:00 Silver Sneakers 11:00 Lunch 11:45 Sr. Planet Workshop Getting to know: Facebook Limit: 8</p>	<p>12</p> <p>8:00 Fellowship & Coffee 9:00 Mexican Train Dominoes 9:30 Heart Healthy Minute 10:00 Walmart Shopping 11:00 Senior Chair Exercise 12:00 Heart Healthy Minute 12:15 Valentine's Bingo</p>	<p>13</p> <p>8:30 SLC SALON 9:00 CANASTA 9:30 Fyzical Therapy: Fall Prevention/ Education 10:00 Ugly Valentines Shirt Craft & Contest 11:00 Valentines Exchange Party 12:00 Food Bank</p>	<p>14</p>  <p>9:00 Senior Life Center's Valentines Day Adventure *Cornelia's Train Depot *Lunch at Food Factory Buffet (ALL DAY ACTIVITY)</p>
<p>17</p> <p>8:00 Fellowship & Coffee 9:00  WORD SEARCH 9:00 CANASTA 9:30 Spiritual Enrichment 10:30 Drum FIT 11:00 MONDAY BINGO!!! 12:00 Presidents Appreciation Day</p>	<p>18</p> <p>9:00 Hand Massages by Kristi 9:00 Mexican Train Dominoes 9:00 Lattes of Love 9:30 Spiritual Awakening 10:00 Silver Sneakers 11:00 Nail Painting 11:45 Sr. Planet Workshop Getting to know: You Tube Limit: 8</p>	<p>19</p> <p>8:00 Fellowship & Coffee 9:00 Mexican Train Dominoes 9:30 Happy Hour Bingo at Spout Springs Library 9:45 Heart Healthy Minute 10:00 Virtual Gentle Yoga 11:00 LUNCH 12:00 Creative Dance</p>	<p>20</p> <p>8:00 Fellowship & Coffee 9:00 CANASTA 9:00 UGA Ext. Hall County: "Avoiding Frauds & Scams" 10:00 Paint Class 11:00 Drum FIT 12:00 Thursday Bingo 12:15 Black History Presentation</p>	<p>21</p> <p>8:00 Fellowship & Coffee 9:00 Legacy Link: February Nutrition Edu. 9:45 Fit Friday Exercise 11:00 Feb. Birthday Celeb. 12:00 Bingo with </p>
<p>24</p> <p>8:00 Fellowship & Coffee 9:00 CANASTA 9:30 Bingo at North Hall 10:30 Drum FIT 11:00 Word Search Puzzles 12:00 MONDAY BINGO!!!</p>	<p>25</p> <p>8:00 Fellowship & Coffee 8:30 SLC SALON 9:00 Mexican Train Dominoes 9:30 Spiritual Awakening 10:00 Silver Sneakers 10:45 Home & Garden Club 11:45 Sr. Planet Workshop Getting to know: Smart Phones Limit: 8</p>	<p>26</p> <p>8:00 Fellowship & Coffee 9:00 Mexican Train Dominoes  10:00 129 Salvage 10:00 Senior Chair Exercise 11:00 Heart Healthy Minute 12:00 Black History Month Bingo</p>	<p>27</p> <p>8:00 Fellowship & Coffee 9:00 CANASTA 9:30 Fire Safety In the Kitchen by: Delta Sigma Theta Member 10:00 Wooden Craft 10:45 Drum FIT 12:00 Thursday Bingo</p>	<p>28</p> <p>8:00 Fellowship & Coffee 9:00 Manicures & Pedicures at Academy of Beauty 9:45 Fit Friday Exercise 11:00 Lunch at Hello Hilo 12:00 Color Relaxation</p>

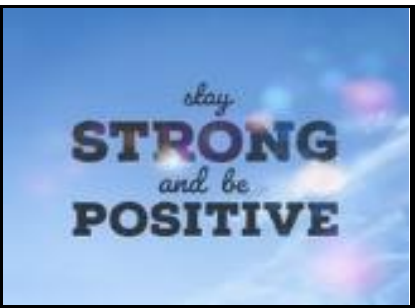
Free Beginner Computer Classes each Wednesday. For More Information Call 770-503-3336

EDUCATION ON HYDROPONIC GARDENING at the SENIOR LIFE CENTER FEB. 25 (Tue.) at 10:45 a.m.

AARP INFORMATION FOR TAXES

* Link to AARP to schedule an Appointment

<https://taxappointment.aarp.org/s/registration>



@ccoagainesvillehall

"Please Remember to call Empire Transportation at the following number to cancel your ride if you do not plan on attending the Senior Life Center"
404-663-2721

Nutrition Program Information:

This is an Older Americans Act social and nutrition focused program designed for Hall County residents who are 60 and above. The membership is \$50 a year. Lunch and fun activities are provided. Transportation may be available for those who are no longer driving. Additional fees for some trips and special activities may apply. A registration process is required for participation and an appointment with a Senior Life Center employee to complete a brief nutrition screening. A member must participate in at least 1 lunch eaten in-center per week in order to participate in the program.

Our Mission is:

To provide older adults residing in Hall County with ever-expanding opportunities for personal enrichment through activities that promote health and well being,

TAX PREP Services

AARP Foundation Tax-Aide provides tax assistance to anyone, free of charge, with a focus on taxpayers who are over 50 and have low to moderate income. You don't need to be an AARP member to use the service.

- Must register for an appointment through AARP 973.348.5327
- Senior Life Center
434 Prior Street SE
Gainesville, GA 30501
- Wednesdays
(Feb. 5th-April 9th)
10:00 AM-2:00 PM

AARP Tax Prep 973.348.5327 | Online Appointments <https://taxappointment.aarp.org> | Senior Life Center 434 Prior St. SE Gainesville